

Served Weekdays

THE BARROW HOUSE

11am-3pm

STARTERS

PICKLED DEVEILED EGGS 7 <i>Beet-pickled eggs, tangy mustard filling</i> (V) (GF)	THE PLOUGHMAN'S PLATE 15 <i>Rotating meat & cheese, garden salad, rustic toast, assorted nuts, honey</i>
HOT WINGS 11 <i>Deep fried chicken wings, homemade hot sauce & blue cheese</i> (GF)	NACHO COTTAGE FRIES 15 <i>Homemade potato chip, BBQ dry rub, cheddar cheese sauce, slow cooked pork & double smoked bacon, green onion garnish</i> (GF)
BAVARIAN PRETZEL 12 <i>Homemade cheese sauce, honey mustard spread</i> (V)	

SALADS

Add grilled chicken +4, grilled shrimp +6

SHAVED KALE SALAD 12 <i>Kale, spinach, brussels sprout, red cabbage, candied walnuts, grapefruit, pink peppercorn farmers cheese, thyme vinaigrette</i> (V) (GF)	BARROW HOUSE SALAD 10 <i>Mixed greens, heirloom cherry tomatos, shaved red onion, house citrus vinaigrette</i> (V) (GF)
GOLDEN BEET SALAD 11 <i>Roasted beets, pearl couscous, mizuna greens, bell pepper, onion, yogurt & bee pollen</i> (V)	SEASONAL GRAIN BOWL 11 <i>Poached egg, spun beets & carrots, citrus vinaigrette, barley, flax seed, red pepper purée, micro green salad</i> (V)

PIZZAS & FLATBREADS

RUSTIC PIZZA 10 <i>Fresh mozzarella, crushed tomato, basil oil</i> (V) <i>Add prosciutto & soppressata +4</i>	SEASONAL FLATBREAD 13 <i>Yellow pepper & cauliflower purée, mozzarella, Parmesan, dressed spinach & arugula, flax seeds, garlic confit</i> (V)
ROASTED DUCK PIZZA 18 <i>Duck confit, sugar snap pea purée, farmers cheese, tarragon</i>	SHRIMP & MUSTARD PIE 13 <i>Celery root purée, apples, caramelized onions, Stilton blue cheese, Parmesan, currants, spiced candied pecans, flax seeds</i>

BURGERS & SANDWICHES

Choice of fries or salad

THE BARROW BURGER 13 <i>Custom blend beef, homemade American cheese, tomato, red onion, lettuce, garlic & chive aioli on brioche</i>	ROASTED TURKEY SANDWICH 11 <i>Oven roasted turkey breast, house slaw, bacon, 7 grain toast</i>
THE IMPOSSIBLE BURGER* 19 <i>Smoked portabella mushrooms, caramelized onions, havarti cheese, shoestring potato chips, chive aioli, horseradish dijonaise</i> (V)	WALDORF CHICKEN SALAD SANDWICH 11 <i>Walnuts, apples, dried cranberries, onions, celery, sliced tomato, pressed greens, rustic bread</i>
TURKEY BURGER 13 <i>Havarti cheese, avocado purée, jalapeno oil, dressed arugula, onion brioche</i>	THREE CHEESE GRILLED CHEESE 11 <i>Swiss, mozzarella & havarti, wild mushrooms, sauteed onion & balsamic</i> (V)
LAMB & FETA BURGER 14 <i>Feta & mint lamb patty, mizuna greens, red onion on pretzel bun</i>	PULLED PORK SANDWICH 12 <i>Slow-cooked pulled pork, house slaw, pickle, barbecue sauce, toasted brioche bun</i>
	DEBRIS SANDWICH 15 <i>Short rib, pulled pork, turkey, prosciutto, beef jus, french roll, Zapp's potato chips</i>

(V) VEGETARIAN

(V*) VEGAN

(GF) GLUTEN-FREE

Consuming raw or undercooked meats, poultry, seafood, or eggs may increase your risk of food-borne illness.

LUNCH

For the latest events, head over to

THEBARROWHOUSE.COM

