

Served Weekdays

THE BARROW HOUSE

11am-3pm

SOUPS

- SEAFOOD CHOWDER** 7 / 12
Portuguese-style kale and potato creamy soup with assorted local dayboat fish and shrimp **GF**
- STEAK HOUSE CHILI** 7 / 14
Prime ribeye, New York strip, skirt steak, ground short rib and brisket, beans, peppers, tomatoes **GF**
- SOUP DU JOUR** 5 / 10
Seasonal soup featuring local ingredients and flavors. Ask your server for our daily selection.

SALADS

- KALE AND FARRO SALAD** 13
Honey-roasted sweet butternut squash, bourbon-scented golden raisins, herb and garlic goat cheese, white balsamic vinaigrette
- HEIRLOOM TOMATO SALAD** 12
Mozzarella, mixed greens, basil, Pecorino Romano, dark balsamic vinaigrette **GF**
- BEET SALAD** 13
Hibiscus cashew butter, fennel, Delicata squash, fresh herbs **GF**
- CHICKEN MILANESE** 15
Arugula salad, preserved tomatoes, pickled red onion, tomato vinaigrette, Pecorino Romano
- CHICKEN WALDORF SALAD** 12
Apples, grapes, walnuts, mixed greens, pickled red onions **GF**

Add: Chicken +\$4, Shrimp +\$6, Salmon +\$8

FROM THE OVEN

- PIZZA RUSTICA** 12
San Marzano tomatoes, EVOO, fresh mozzarella **V**
(Add prosciutto or soppressata +\$4)
- SEASONAL FLAT BREAD** 14
Grapes, caramelized onion, blue cheese, thyme, honey **V**
- MORTADELLA & PISTACHIO STROMBOLI** 15
Pistachio pistou, mozzarella, ricotta

SMALL PLATES

- OLIVES** 7
House-marinated Castelvetrano olives, fennel, orange, oregano **V*** **GF**
- MARYLAND STYLE KALE & CRAB DIP** 15
Creamy Old Bay spiced dip served with housemade potato chips **GF**
- MEDITERRANEAN DIP TRIO** 12
Red beet hummus, basil and white bean, and sesame eggplant **V**
- HOUSEMADE PICKLED VEGETABLES** 7
Chef-inspired pickled seasonal vegetables **V*** **GF**
- BAVARIAN PRETZEL** 13
Wholegrain honey mustard, pimento cheese
- WINGS** 13
Buffalo, Bourbon BBQ, or Canal St. Steak Sauce

BURGERS & SANDWICHES

Choice of fries or salad

- BARROW BURGER** 15
American cheese, lettuce, tomato, onion, chive aioli
- IMPOSSIBLE BURGER*** 19
Vegan aioli, crispy potato nest, caramelized onion, vegan 9 grain roll
- TURDUCKEN BURGER** 16
Ground chicken and turkey, duck confit, cornbread and chorizo stuffing, cranberry aioli
- CRAB CAKE SANDWICH** 16
Arugula, kimchee aioli
- SALMON BLT** 15
Pepper bacon, brioche roll, mixed greens, 999 island remoulade
- EGGPLANT PARMESAN** 12
Fresh baguette, long hot pepper **V**
- TURKEY CLUB** 11
House-roasted turkey, pepper bacon, sliced tomato, chive aioli

LUNCH

V VEGETARIAN **V*** VEGAN **GF** GLUTEN-FREE

Consuming raw or undercooked meats, poultry, seafood, or eggs may increase your risk of food-borne illness. Menu subject to change by direction of the chef.

For the latest events, visit
THEBARROWHOUSE.COM  